

ASHTA LAKSHMI REIKI

CENTER FOR ALTERNATIVE MEDICINES AND YOGA



Dr.Chandra
C-10 Vivekanandpuri, Lucknow

U.P.226007, INDIA

drchandra.bala@gmail.com

ASHTA LAKSHMI REIKI





**The word Lakshmi has its origin from the
_Sanskrit terms:**

LakShyam meaning goal

LakShaNaM meaning aspect; characteristics

LakSha meaning Lakh, 100,000 in number, also sight

LakShaM meaning target

Lakshmi is the Goddess of wealth and prosperity, both material and spiritual. Lakshmi, therefore, represents the goal of life, which includes worldly as well as spiritual prosperity. In Hindu mythology, Goddess Lakshmi, also called Shri, is the divine spouse of Lord Vishnu and the Goddess of wealth and fortune. In the Vedas, she called Sri. Goddess Lakshmi indicates prosperity. Worship of Lakshmi indicates an appreciation of prosperity and a sense of responsibility towards it. Depicted as an extremely beautiful woman, Lakshmi stands or sits on a lotus. She has

lotuses in various stages of bloom in her two hands. And even wears a lotus garland. She is normally depicted with 4 arms and sometimes with 8 arms also.

Symbolism

Four arms: The four arms represent the four directions and her willingness and availability to help and assist in all directions in space. They also signify the boons she bestows - the four ends of human life, dharma, wealth, pleasure and moksham.(8 hands also signify the same except the directions are 8.)

Lotus: The lotus has an exclusive quality. Though the plant & flower dwells in water, water tends to roll off the surface. Lord Krishna says in his Bhagavad-Gita, 'live life like a lotus that is untouched by water even when it dwells in it'. Goddess Lakshmi is the deity most associated with the lotus to indicate that while we should enjoy the wealth & prosperity showered by her we should try not to be too attached to material wealth.

Amritakalasam: (pot of ambrosia)

Signifies that Goddess Lakshmi is the bestower of the immortality

Lakshmi normally appears on one of three vehicles. In her **enlightened aspect**,(sattvic guna) she accompanies **Vishnu** on **Garuda**. In her **materialistic aspect**,(raja guna), she

appears with **two elephants** on either side of her. The third vehicle is **Owl**. The owl depicts the pernicious aspect of wealth. Though it is considered a bird of ill omen and a symbol of darkness, the owl also symbolizes wisdom and intelligence because of its ability to presage events.

The four arms represent the four/eight directions in space and thus symbolize omnipresence and omnipotence of the Goddess. The red color symbolizes activity. The golden lining (embroidery) on Her red dress denotes prosperity. The idea conveyed here is that the Goddess is always busy distributing wealth and prosperity to the devotees.

The lotus seat, which Lakshmi is standing upon or sitting, signifies that while living in this world, one should enjoy its wealth, but not become obsessed with it. Such a living is analogous to a lotus that grows in water but is not wetted by water.

Since the right side of the body symbolizes activity, a lotus in the back right hand conveys the idea that one must perform all duties in the world in accordance with dharma. This leads to moksha (liberation), which is symbolized by a lotus in the back left hand of Lakshmi.

The golden coins falling on the ground from the front hand of Lakshmi illustrate that She provides wealth and prosperity to Her devotees bestowing blessings upon the devotees. To go hand in hand with Lord Vishnu's act of maintenance and protection, Goddesses Lakshmi is the possessor of every form of wealth.

She is the possessor of great beauty and is depicted in standing as well as in the seated postures. She is however always seen on a lotus. In her hands she holds two lotuses. In the avatarams (different Incarnations) of Lord Vishnu, Lakshmi also took various forms to accompany him - Sita with Rama, Rukmini with Krishna. **Ashta Lakshmi** is her eight forms, which are the commonly worshipped aspects. In each form, she bestows one form of wealth to her devotees. There are numerous poojas and festivals, which are performed to invoke her blessings

ASTALAKSHMI

1.AADHI LAKSHMI



Sri Aadhi Lakshmi is termed as the first (Aadhi - first) Lakshmi amongst the Ashta Lakshmis. She is found in the sitting posture on the Lotus flower. In this form, Laxshmi is normally seen serving Sri Narayana. Lord Narayana is omnipresent. Aadhi Lakshmi or Rama Lakshmi serving Sri Narayana is symbolic of her serving the whole creation. Aadhi Lakshmi and Narayana are not two different entities

but one only. Lakshmi is Shakti (power). Lakshmi is the Power of Narayana.

By worshipping this Lakshmi, we are **blessed with all sorts of wealth.**

2.GAJA LAKSHMI



Sage Vyasa writes that Lakshmi came out of the ocean during the churning of the ocean (Samudra Manthan). So she is known as a daughter of the ocean. She came out of the ocean sitting on a full-bloomed lotus and also having lotus flowers in both hands with two elephants by her sides holding beautiful vessels.

She is found in the sitting posture with two elephants on her two sides. By worshipping this Lakshmi, we will be blessed with the increase in the **career growth and uplift in our business.** For all working people, to achieve lots in their career, the Anugraham (Blessings) of Gaja Lakshmi is important one.

3.DHANA LAKSHMI



Dhana is wealth. Wealth comes in many forms: Nature, Love, Peace, Health, Prosperity, Luck, Virtues, Family, Food, Land, Water, Will Power, Intellect, Character, etc. With the grace of mother Dhana Lakshmi we will get all these in abundance.

As the name says, she gives us one among the main thing the Dhanam (wealth) to lead our life. She is found along with the kalasam(pot) giving the Dhanam and the other hand blessing us. By worshipping this Lakshmi, we are blessed with **wealth** and also with **great value of life**.

4.DHANYA LAKSHMI



Dhanya Lakshmi - as the name says Dhanyam - she fulfils all the requirements related to food. She holds the sugarcane in her hand. This is one of the unique forms of Sri Lakshmi. Our country growth is mainly dependent on the Agriculture

and this Lakshmi is blessing us with the proper vegetation. Green is the color of vegetation. Sriman Narayanan also has the name "Pacchai Maal" (Pacchai - Green). Along with him, Sri Lakshmi makes the earth green in color (with proper vegetation). By taking good food, we get good Aarogyam (health). Dhanya means grains. Lakshmi is the Goddess of the Harvest and the one who blesses with abundance and success in harvest. Harvest is a time of abundance after a long period of patience and tending the fields. This symbolizes the inner harvest, that, with patience and persistence, we obtain the abundance of inner Joy through the blessing of Dhanya Lakshmi. So, with the grace of Sri Dhanyalakshmi, we are blessed with **food** and also with **inner health**.

5.SANTANA LAKSHMI



In the family life, the children are the greatest treasure. Those who worship this particular form of Sri Lakshmi, known as a Santana Lakshmi, are bestowed with the grace of mother Lakshmi and have wealth in the form of desirable children with good health and a long life

This form of Sri Lakshmi is found along with a small child in her hands. By worshipping this Lakshmi, women are blessed with good children.

6.VIJAYA LAKSHMI

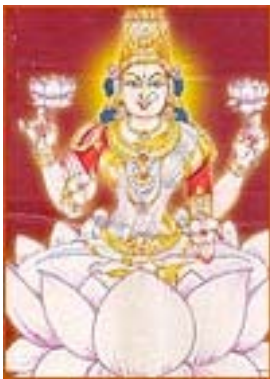


Vijaya is victory. Vijaya is to get success in all undertakings and all different facets of life. Vijaya is to conquer the lower nature. Hence those, with grace of mother Vijaya Lakshmi, have victory everywhere, at all time, in all conditions.

Victory to Vijaya Lakshmi!

By worshipping this Lakshmi, we are blessed with Jayam (Victory) over all the good things we are starting and all the hurdles will be closed

7.VIDHYA LAKSHMI



This Lakshmi is responsible for giving us good knowledge Vidhya (Vitthai in Tamil) denotes the education. By

worshipping this Lakshmi, we are blessed with good education and knowledge. For our talents to grow and to explore them, Sri Vidhya Lakshmi's grace is completely needed. Vidya is education. **Serenity, Regularity, Absence of Vanity, Sincerity, Simplicity, Veracity, Equanimity, Fixity, Non-irritability, Adaptability Humility, Tenacity, Integrity, Nobility, Magnanimity, Charity, Generosity and Purity** are the eighteen qualities imbibed through proper education that only can give immortality.

Vitthai (in Tamil a Language of South India) means the **talents** or the **capability** - can be achieved only by the grace of Sri Vidhya Lakshmi. And in the place where there is the grace of Sri Vidhya Lakshmi **there will not be any poverty, sorrow, etc.**

8.DHAIRYA LAKSHMI (VEERA LAKSHMI)

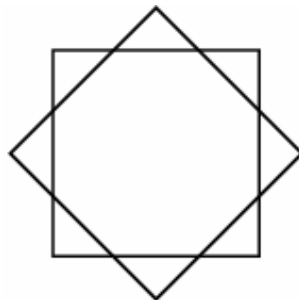


As the name explains, this Lakshmi is responsible for veerams, the **courage**. She holds the weapons on her hands and by worshipping this Lakshmi; we are blessed with great courage, both in terms of **physical and mental courage**.

And as a result of this, we can conquer anything we wish to achieve. Whenever we start anything new, there will be a little bit of hesitation, an unclear mind whether we will succeed in this or not. There will be lots of confusion that

goes in our mind.. And as a result of this, we are not able to do what we want to do. By the grace of Sri Veera Lakshmi, we can avoid all these and gets over it and succeed in all the new things we start. In this form mother Lakshmi grants the boon of **infinite courage and strength**. Those, who are in tune with infinite inner power, are always bound to have victory. Those who worship mother Dhairya Lakshmi lead a life with **tremendous patience and inner stability**.

ASHTA LAKSHMI SYMBOL



Lakshmi is the star figure , that is used in Hinduism to symbolize Ashtalakshmi, the eight forms of wealth. This symbol appears prominently in the **Lug ash national museum** portrayed in the fictional film **The Return of the Pink Panther**.

Visualize this symbol on the Crown the entry point and going to the Heart Center from where it over flows to the whole being. There is no hard and fast rule to draw it. As you draw feel, believe that all the blessings from all forms of Lakshmies flowing into the whole being. Do with faith, it becomes a reality. You will feel the vibration.

Usage

Use it for any problem and it works. But remember to chant the names of each Lakshmi and the blessings that come from each one for the best results.

Mantra (Sloka): Lakshmi Gayatri

Om Mahalakshmyaye Vidmahe

Vishnupriyaye Dhi-Mahi

Tanno Lakshmi Prachodayat

Benefits of Chanting this Sloka:

The one who chants the above sloka with devotion will get all desires fulfilled and will inherit great wealth. Chanting this sloka once daily destroys all sins and twice daily will bring the devotee wealth and grains. Chanting this sloka thrice a day will help destroy powerful enemies and enable the attainment of the grace of all 8 forms of Maha Lakshmi.

The Qualities Of Each Lakshmi is chanted as prayer in Sanskrit. The meaning of each one is given below as the chanting may be difficult for many. In case any one is interested mail me with the request please.

1. Aadhi Lakshmi [Primeval Lakshmi]:

Victory and victory to Aadhi lakshmi,
Who is worshipped by all good people,
Who is pretty and sister of the moon,,
Who looks as if she is made of gold,

Who is saluted by all groups of sages,
Who grants salvation,
Who talks sweet words,
Who is praised by Vedas,
Who lives on the Lotus flower,
Who is worshipped by all devas,
Who showers good qualities on people,
And who is the personification of peace,
Please protect me always.

2. Gaja Lakshmi [Lakshmi of Elephants]:

Victory and victory to Gajalakshmi
Victory and victory to you,
Who removes bad fate,
Who is desirable God,
Who is the personification of shastras,
Who blesses one with all that is asked for,
Who is surrounded by an army of elephants,
Chariots, horses and cavalry,
Who is worshipped and served by,
Shiva, Vishnu and Brahma,
And whose feet provides relief from suffering,
Please protect me always

3. Dhana Lakshmi [Lakshmi of Wealth]:

Victory and victory to Danalakshmi
,Who is surrounded with,
Dimidimi sounds of the drum,
And the majestic sound of conch,

(Gumguma, ghummkuma, gunguma),
Who is worshipped by all,
And who shows the path of religious discipline,
Please protect me always.

4. Dhanya Lakshmi [Lakshmi of Grains]:

Victory and victory to Danyalakshmi
Who destroys bad effects of kali yuga,
Who is most desirable god,
Who is personification of Vedas,
Who is pervaded by the Vedas,
Who arose out of milk,
Who is the form of all that is good,
Who lives in the sacred chants,
Who lives on the lotus flower,
And whose feet is worshipped by devas,
Please protect me always

. 5. Santana Lakshmi [Lakshmi of Progeny]:

Victory and victory to Santhanalakshmi
Who rides on the bird,
Who is an enchantress,
Who is the consort of Vishnu who holds the chakra,
Who pacifies emotions,
Who is pervaded by knowledge,
Who is an ocean of good qualities,
Who has her mind in the good of all the worlds,
Who is worshipped by the music of seven swaras,

And who is worshipped by all devas,asuras,Sages and all humans, Please protect me always.

6. Vijaya Lakshmi [Lakshmi of Victory]:.

Victory and victory to Vijayalakshmi
Victory to her who sits on the lotus,
Who blesses us with salvation,
Who spreads our knowledge,
Who is pervaded with music,
Who is coated with the saffron powder,
Which is daily used to worship her,
Who is worshipped by playing of musical instruments,
And who was pleased by the prayer,
Of the golden rain by the great Sankara,
Please protect me always.

7. Vidhya Lakshmi [Lakshmi of Knowledge]:.

Victory and victory to Vidhyalakshmi
Who is the goddess of devas,
Who is the goddess of Bharatha,
Who is the daughter of sage Bhargava,
Who removes all sorrows,
Who is fully adorned with precious stones,,
Who is full of peace,
Who has a smiling face,
Who blesses us with all types of wealth,
And whose hands blesses us,
For fulfillment of our wish,
Please protect me always

8. Dhairya Lakshmi [Lakshmi of Courage]:.

Victory and victory to Dairyalakshmi
Who is described as victorious and blessed,
Who is the shakthi which came out of Vishnu,
Who is the daughter of sage Bhargava,
Whose form is that of sacred chants,
Who is pervaded by sacred chants,
Who is worshipped by all devas,
Who gives results fast,
Who improves knowledge,
Who is worshipped by shastras,
Who destroys fear ,
Who gives redemption from sins,
And whose feet is worshipped by holy people,Who lives on
the lotus flower,
Please protect me always

**In case you are interested in doing Puja here is the way
to do**

**Ashta Lakshmi Pooja is performed with the aim of
attaining eight earthly forms of wealth like money, grain,
courage, education, success, progeny, luck and peace and
thus making life filled with bliss, joy, peace, abundance
and spirituality, You must perform this Puja and Homam
ie Havan in Sanskrit (Appeasing Fire God) when you are
facing financial difficulties and wish to earn wealth. For**

improvement in Financial situations and also for recovery of dues if you pray to Ashtalakshmi in all 8 forms is sure to bestow different benefits to the performer of this Puja. Even the mere recitation of these mantras, bestow prosperity. Those who are doing business or are facing financial problems may perform this Homam to receive the blessings and grace of Goddess Lakshmi.

Ashta Lakshmi is eight forms of **Adhi Sakti** and you have to worship the eight Lakshmis separately. You can place "Kalasa" and do the puja reciting the Ashtalakshmi stotram. The stotras are available in the following site:

www.astrojyoti.com/ashtalakshmistot...

Or you can install Ashtalakshmi Yantra and do the puja, details are follows. (Ashtalakshmi Yantra can be bought online from (www.celextel.com/ashtalakshmiyantra)). **This is the easy method for your convenience. The intention and Bhakti is what counts.**

1. First purify your body and start with a clear and positive mind frame
2. Find a place on the floor facing east, where you will be undisturbed. Place a Kalasa(copper or brass) filled with water and place a small bunch of fresh leaves (If Mango tree leaves are there very good) from any tree and place it in the Kalasa with the pointed edge of leaves outside.
3. Light the incense and Diya (Lamp or a candle). (It does not matter how many you light). First pray to Lord

Ganesha for the blessings by chanting “OM
GANESHAYA NAMAHA”(SALUTATIONS TO LORD
GANESHA)

4. Lay fresh flower and a fresh fruit on the altar.
5. Open the Yantra and place it along with the image of the deity.
6. Place the palm of right hand on the Kalasa with water and leaves,(palms downwards) and chant the Lakshmi Gayatri 11 times. The water is now charged with the vibrations of the Mantra.
7. Take the water with the leaves(from any tree) and sprinkle the water on yourself followed by sprinkling the water on the Yantra and the Deity and all Puja items.
8. Then purify your soul and surrender yourself completely in devotion to God and chant 108 times the following: **"Om Namha Dhandayee Swaha"offering flowers to the yantra and idol each time.**
9. Close your eyes and concentrate on the deity to bless you to fulfill wishes. Now with all sincerity, ask Ashtalakshmi to grant you the desire of your life that you wanted to be fulfilled in your own language. It is the devotion, faith, love and the feeling with which you pray that helps you to get what you want.

RECEIVING ATTUNEMENT

NOTES FOR MASTER AND STUDENTS

(Both for distant as well as direct attunement the procedure are the same. (Students can tape the text and play it for distant.) Do

it in a clean place. Light incense stick to make the area serene.

Ring a bell 3 times for the vibration. Play some soft music,

Preferably instrumental.

Procedure

- 1. Sit comfortably in a quiet place with the spine erect.**
- 2. Mentally invoke the Divine Blessings from
Ashtalakshmi, all higher beings, great ones, your
Master, all the Gurus, Devas, Spiritual Helpers and
the Higher Soul.**
- 3. Breathe in deeply breathe out slowly to calm the
mind.**
- 4. Ground and center yourself. Visualize the Golden
Light from Ashtalakshmi entering the Crown
Chakra and spreading to the entire being. Now
concentrate on the Root Chakra and the Sole Chakra
of both the feet. The light is now entering Mother
Earth from these Chakras and reaching the Core of
Earth Centering and grounding you. Continue with
the deep breathing.**
- 5. Draw all the Usui symbols above the Crown Chakra
as it is because of Master Usui you are in the line of
Reiki.(If you are a reiki channel)**
- 6. Visualize the Ashtalakshmi Symbol in front of the
you in Rainbow colors. Slowly feel the light entering
the crown chakra and coming to the Heart Chakra**

and spreading to the entire being. Feel the vibration. Take your own time. Do it with faith, it becomes a reality.

- 7. Mentally Affirm 3 times: I (take your Name) now receive the ASHTA LAKSHMI REIKI Attunement from (Your Masters Name) on (DAY, DATE) at (PLACE) and I accept the energy wholeheartedly for the highest good. I am being showered with love, bliss,fame,knowledge,intelligence,courage,valor,victory,goodhealth,goodlife,goodchildren,food,abundance,prosperity,strength to pursue my spiritual practices and long and peaceful life.**
- 8. Continue with the meditation on 8 forms of Lakshmi and the Symbol. It is not important to see everything, the intention and feel is more important, Do it with faith it becomes a reality.**
- 9. Feel the light reaching every part of your being. As it reaches the feet feel it going down into the earth lighting up the whole of the earth with all the blessings from Goddess Lakshmi and spreading to the entire Universe from the planet.**
- 10. Continue with the breathing, relax and let go.**
- 11. When you feel the energy is stopped, just sit quietly with closed eyes for some time. Take your own time. You are now attuned fully to Ashtalakshmi Reiki. Blessings.**

- 12. Send the energy to all who you think need it.
Your family, friends, patients and all who are in
difficulties.**
- 13. Send to Mother Earth with the intention that let
Mother Earth be blessed with good soil, good water,
good air, peace, progress, abundance, love,
compassion, humanity and spirituality.**
- 14. Give thanks giving prayer to Ashtalakshmi for
her blessings, all higher beings, Angels, Archangels.
Your Master, all the gurus, great ones, spiritual
helpers, Lord Surya, Mother Earth and your Soul
for all the blessings, protection, guidance, help,
illumination and bliss.**
- 15. When ever you feel you are ready rub your
palms and give a gentle face massage and slowly
open your eyes with a smile and see the new world
out side you.**
- 16. Massage the whole body gently for 5mnts. Do
stretching or shaking of the body for 5 mnts.**
- 17. Initiating some one to this Reiki is like any
other initiations. Follow the first 6 points as in
receiving initiation. In place of affirmation say, “I
(take your name) am initiating (take the name of the
student) on (day and date) at (place) and send the
energy through the palms till the flow of energy
stops. Bless the students by touching each one at the
back heart center.**

18. Do a meditation on Kriya Shakti or any other meditation for at least 15 to 20 mnts with the students after the attunement..

Hope you enjoyed the attunement as much as I enjoy attuning you. It is a very powerful energy and as you use it more and more you will feel the effect. Please share your experiences with me. The purpose of this attunement is to enable you to understand the life better and live well and also for the welfare of humanity.

This Reiki was revealed to me in one of my meditation sessions and since then life has become very meaningful, beautiful and things happen easily. That is why I want to share it with all. I hope you enjoy using it and take the full benefit.

**“MAY ASHTALAKSHMI SHOWER
BLESSINGS ON ALL”**

God bless.

**Dr.Chandra also known as Saraswathi
Reiki Grand Master and Healer and
Trainer of Many other energy systems**